

Covid 19 advice for parents accessing Primary Care

What to do if...	Action needed	Return to school when...
...a child has Covid-19 symptoms .	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents to contact school to inform them - Self-isolate the whole household - Get a test - Parents to inform child's school immediately about the test result 	...the test comes back negative or a period of 10 days has passed since the symptoms started, and the child feels well.
...a child tests positive for Covid-19.	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents to contact school. - Agree an earliest date for possible return (minimum of 10 days). - Self-isolate the whole household. 	...10 days have passed since symptoms began, even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i> AND the child feels well.
...a child tests negative .	<ul style="list-style-type: none"> - Inform parents to contact school - Advise parents to discuss with school when child can return to school (same day/next day). 	...the test comes back negative.
...a child is ill with symptoms not linked to Covid-19 .	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Advise parents to contact school. 	...after 48 hours following the last bout of sickness or diarrhoea (or as per school attendance policy)
...someone in the household has Covid-19 symptoms .	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents to contact school. - Self-isolate the whole household. - Household member to get a test. - Advise parents to inform school immediately about test result. 	...the test comes back negative.



<p>...someone in the household tests positive for Covid-19.</p>	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents to self-isolate the whole household. - Inform parents to contact school. - Agree an earliest date for possible return to school (minimum of 14 days). 	<p>...the child has completed 14 days of isolation.</p>
<p>...NHS test and trace has identified the child as a close contact of somebody with symptoms or confirmed Covid-19.</p>	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents to contact school. - Agree an earliest date for possible return to school (minimum of 14 days). 	<p>...the child has completed 14 days of isolation.</p>
<p>...NHS test and trace has identified a household member (other than the child) as a close contact of somebody with symptoms or confirmed Covid-19.</p>	<ul style="list-style-type: none"> - The household member must self-isolate for 14 days. - Child can continue to attend school. 	<p>...child can continue to attend school</p>
<p>... a sibling attending another school has been sent home to self-isolate due to their being a positive case in their school.</p>	<ul style="list-style-type: none"> - Sibling must self-isolate for 14 days. - Child can continue to attend. 	<p>...child can continue to attend school</p>
<p>... the child has travelled abroad from a country or territory that is NOT on the exempt list of countries.</p>	<p>If returning from a destination where quarantine is needed*:</p> <ul style="list-style-type: none"> - minimum of 14 days self-isolation for all those who travelled. - Self-isolate the whole household. - Inform parents to contact school to inform them that family is back in the country and agree an earliest date for possible return to school. <p>*Foreign, Commonwealth & Development Office (FCDO) – for up to date travel information</p>	<p>...the quarantine period of 14 days has been completed.</p>



<p>... the child has travelled abroad from a country or territory that IS on the exempt list of countries.</p>	<p>If returning from a destination where quarantine is NOT needed:</p> <ul style="list-style-type: none"> - Check the current Exempt countries and territories list to confirm the country you have travelled from or through is on the exempt list. - Inform parents to contact school to inform them that family is back in the country and agree an earliest date for possible return to school. 	<p>... inform the office of child's return to the UK (<i>the office will ask a few questions about travel</i>).</p>
<p>...family member(s) travelled from a country that are required to quarantine (but the child didn't travel).</p>	<ul style="list-style-type: none"> - As long as family do not have / have not had symptoms in the last 14 days, the child can continue to attend school. - The person who has travelled MUST NOT leave the house, including to do pick-ups and drop offs 	<p>...child can continue to attend school</p>
<p>...parents received medical advice that the child must resume shielding.</p>	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents to contact school. - Shield until informed that restrictions are lifted and shielding is paused again. 	<p>...school inform parent that restrictions have been lifted and the child can return to school again.</p> <p>...parents receive medical advice that the child may return to school.</p>
<p>...the child's bubble is closed due to a Covid-19 outbreak in school.</p>	<ul style="list-style-type: none"> - Inform parents not to allow child to go to school - Inform parents the child will need to self-isolate for 14 days. - Other siblings may continue to attend school. 	<p>...school inform parents that the bubble will be reopened.</p>
<p>... I am unable to get a test for someone in the household who has symptoms</p>	<p>If unable to get a test in the first 5 days of having symptoms, the child and anyone they live with must stay at home and self-isolate for 14 days. Anyone in the support bubble must also stay at home.</p>	<p>...the child has completed 14 days of isolation.</p>

